



SEABOARD

# 214352 - Pork Chop Cc Boneless Prime

Top-of-the-line pork with a high degree of intramuscular fat that eats just like the best cuts of beef. 100% tender and delicious guarantee.



## Nutrition Facts

Servings per Container 40  
Serving size 4.00OZ (4Ounces)

Amount per serving  
**Calories 60**

	% Daily Value*
<b>Total Fat</b> 6g	<b>10%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 23g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Basted with up to 16% Solution Of Water, Potassium Chloride, Vinegar, Natural Flavor.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated. May be frozen.

### Serving Suggestions

Slice and serve with side dishes.

### Prep & Cooking Suggestions

Ready to cook. Saute or grill over medium heat until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
SEABOARD	SEABOARD FOODS	Pork, Chops

MFG #	SPC #	GTIN	Pack	Pack Desc.
00693	214352	10886476006930	20	20/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.75lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.25in	11.31in	3.44in	0.3ft3	10x6	0DAYS	0°F / 32°F



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## Nutrition Analysis

Calories	60	Total Fat	6g	Sodium	280mg
Protein	23	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	2g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

