



SEABOARD

# 214354 - Pork Chop Bone In Cc

Our advanced loin-cutting technology ensures precise product specifications on our bone in pork chops every time. Expert trimming saves back of house time and provides a more consistent cook time.



## Nutrition Facts

Servings per Container 40  
Serving size 4oz (112g)

Amount per serving  
**Calories 180**

|                              | % Daily Value* |
|------------------------------|----------------|
| <b>Total Fat</b> 10g         | <b>16%</b>     |
| Saturated Fat 3.5g           | <b>18%</b>     |
| Trans Fat 0g                 |                |
| <b>Cholesterol</b> 55mg      | <b>18%</b>     |
| <b>Sodium</b> 340mg          | <b>15%</b>     |
| <b>Total Carbohydrate</b> 0g | <b>0%</b>      |
| Dietary Fiber 0g             | <b>0%</b>      |
| Total Sugars 0g              |                |
| Includes Added Sugar         | <b>%</b>       |
| <b>Protein</b> 20g           |                |
| Vitamin D 0mcg               | <b>0%</b>      |
| Calcium                      | <b>2%</b>      |
| Iron                         | <b>4%</b>      |
| Potassium                    | <b>%</b>       |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Product of the USA.  
USDA approved.  
Perfect for a variety of meals.  
Tender and delicious.

### Ingredients

Basted with up to 16% Solution Of Water, Potassium Chloride, Vinegar, Natural Flavor.

### Allergens

#### Free From:



### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

### Serving Suggestions

Slice and serve with side dishes.

### Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

### Product Specifications

| Brand    | Manufacturer   | Product Category |
|----------|----------------|------------------|
| SEABOARD | SEABOARD FOODS | Pork             |

| MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 664   | 214354 | 10886476006640 | 1    | 27/6 OZ    |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.45lb      | 11.2lb     | USA               |        | No              |

| Shipping Information |         |        |        |       |            |                      |
|----------------------|---------|--------|--------|-------|------------|----------------------|
| Length               | Width   | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 13.25in              | 11.31in | 3.44in | 0.3ft3 | 10x4  | 0DAYS      | 0°F / 32°F           |



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## Nutrition Analysis - By Measure

|                        |     |                     |      |              |       |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories               | 180 | Total Fat           | 10g  | Sodium       | 340mg |
| Protein                | 20  | Trans Fats          | 0g   | Calcium      |       |
| Total Carbohydrates... | 0g  | Saturated Fat       | 3.5g | Iron         |       |
| Sugars                 | 0g  | Added Sugars        |      | Potassium    |       |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc         |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus   |       |
| Sucrose                |     | Cholesterol         | 55mg |              |       |
| Vitamin A(U)           | 0   | Vitamin D           | 0mcg | Thiamin      |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin       |       |
| Vitamin C              | 0mg | Folate              |      | Riboflavin   |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12 |       |
| Monosodium             |     | Sulphites           |      | Nitrates     |       |

### Additional Images

