

### SEABOARD 214354 - Pork Chop Bone In Cc

Our advanced loin-cutting technology ensures precise product specifications on our bone in pork chops every time. Expert trimming saves back of house time and provides a more consistent cook time.



		<b>Nutrition Fa</b>	icts
	Servings per Container 40 Serving size 4oz (112g)		
	Amount per serving Calories	180	
1 - 10		% D	aily Value*
		Total Fat 10g	16%
		Saturated Fat 3.5g	18%
		<i>Trans</i> Fat 0g	
		Cholesterol 55mg	18%
<b>★</b> Benefits		Sodium 340mg	15%
		Total Carbohydrate Og	0%
Product of the USA. USDA approved.		Dietary Fiber 0g	0%
Perfect for a variety of meals.		Total Sugars 0g	
Tender and delicious.		Includes Added Sugar	%
Ingredients	Allergens	Protein 20g	
		Vitamin D 0mcg	0%
Basted with up to 16% Solution	Free From:	Calcium	2%
Of Water, Potassium Chloride, Vinegar, Natural Flavor.	🛞 crustaceans 🛞 shellfish 🌘 mollusks	Iron	4%
	🔘 eggs 🔊 fish 👔 milk 🕥 peanuts	Potassium	%
	🗞 sesame 🛞 soy 💮 tree nuts 🋞 wheat	* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet a day is used for general nutrition advice.	

#### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice and serve with side dishes.

## Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

# Product Specifications

Brand			Manufacturer				
SEABOARD			SEABOARD FOODS				
MFG #	SPC #	GTIN		Pack	Pack Desc.		
664	214354	214354 10886		1	27/6 OZ		
Cross Moig							
Gross Weig	nt Net Weig	ni Cou	ntry of Origin	Kosher	Child Nutrition		
11.45lb 11.2lb			USA		No		
Shipping Information							

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
13.25in	11.31in	3.44in	0.3ft3	10x4	0DAYS	0°F / 32°F	





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Nutrition Analysis - By Measure

Calories	180	Total Fat	10g	Sodium	340mg
Protein	20	Trans Fats Og		Calcium	
Total Carbohydrates…	Og	Saturated Fat 3.5g		Iron	
Sugars	Og	Added Sugars		Potassium	
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images



