

#### SMITHFIELD 214403 - Ham Buffet 95% Lean Boneless Fresh





	Servings per Container 121 Serving size 3oz. (84g) Amount per serving Calories 90				
muser Smit					
	% Daily Value*				
NO 34 READY TO S	Total Fat 1.5g				
		Saturated Fat 0.5g	3%		
and the second s	Trans Fat 0g				
		Cholesterol 30mg	10%		
<b>≭</b> Benefits		Sodium 950mg	41%		
		Total Carbohydrate 7g	3%		
Our hams are slow-smoked for a hickory chips to ensure a rich mał		Dietary Fiber 0g	0%		
That smoking process, coupled wi	Total Sugars 5g				
honey flavor, creates an unforget	able ham.	Includes 5g Added Sugar	10%		
Ingredients	Allergens	Protein 11g			
		Vitamin D 10.78mcg	54%		
CURED WITH: WATER,	Free From:	Calcium 4.08mg	0%		
DEXTROSE, SALT, CONTAINS 2% OR LESS OF: MODIFIED FOOD	crustaceans 🔘 eggs 😰 fish 👘 milk	Iron 0.52mg	3%		
STARCH, POTASSIUM ACETATE,	Speanuts 🗞 sesame 🗞 soy 💮 tree nuts	Potassium 410mg	9%		
POTASSIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM	wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.			

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# Product Specifications

	Brai	Manufacturer						
SMITHFIELD				Smithfield Foods Inc.				
М	FG #	SPC	#	GTIN		Pac	k	Pack Desc.
900702	47190454	2144	03 900	)702471	90454	2		2 / 1 / 11.12 LBR
Gross V	Veight I	Net Weig	ht Cou	intry of	Origin	Kosł	ner	Child Nutrition
23.2	9lb	22.24lb		USA				No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf L	_ife S	Storage Temp From/T	
15.75in	13.63in	5.13in	0.64ft3	8x11	100DA	YS	′S 28°F / 32°F	



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instructions.

Handling Suggestions Store and use per package

Serving Suggestions

No preparation required.

Ham is the perfect holiday center piece or as a weekly meal , serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

Prep & Cooking Suggestions



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All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.

### Nutrition Analysis - By Serving

Calories	90	Total Fat	1.5g	Sodium	950mg
Protein	11	Trans Fats	Og	Calcium	4.08mg
Total Carbohydrates…	7g	Saturated Fat	0.5g	Iron	0.52mg
Sugars	5g	Added Sugars	5g	Potassium	410mg
Dietary Fiber	Og	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•	0.63	Vitamin D	10.78mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



