



FARMLAND

214409 - Ham Bnls Buffet Fzn

Great source of protein.



Nutrition Facts

Servings per Container 178
Serving size 56gs (2oz)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 1.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 390mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes Added Sugar	%

Protein 9g	
Vitamin D	%
Calcium 2.65mg	0%
Iron 0.35mg	2%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Great source of protein.

Ingredients

Cured with water, dextrose, contains 2% or less of salt, potassium chloride, sodium phosphates, potassium lactate, potassium acetate, sodium diacetate, sodium erythorbate, sodium nitrite

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

Serve as desired.

Prep & Cooking Suggestions

Prepare per package instructions.

Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Ham, Smoked or Cured (Carving)

MFG #	SPC #	GTIN	Pack	Pack Desc.
12987	214409	90070247129874	2	2/11# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.12lb	22lb	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.87in	13.87in	5.25in	0.67ft3	8x6	100DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	60	Total Fat	1.5g	Sodium	390mg
Protein	9	Trans Fats	0g	Calcium	2.65mg
Total Carbohydrates...	2g	Saturated Fat	0.5g	Iron	0.35mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

 Additional Images

