



FARMLAND

214502 - Ham Smoked Bnls Lean Natural Juice S/O

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



Nutrition Facts

Servings per Container 8.69
Serving size 3oz. (84g)

Amount per serving
Calories 110

% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 850mg	37%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 15g	
Vitamin D 14.38mcg	72%
Calcium 4.47mg	0%
Iron 0.68mg	4%
Potassium 430mg	9%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

Ingredients

CURED WITH: WATER, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, POTASSIUM ACETATE, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

Ham is the perfect holiday center piece or as a weekly meal , serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

Prep & Cooking Suggestions

Convection Oven: Heat oven to 350.F. Remove CarveMaster ham from packaging and place in roasting pan; cover. Heat approximately 15 minutes per pound.

Product Specifications

Brand			Manufacturer			
FARMLAND			SMITHFIELD/FARMLAND			
MFG #	SPC #	GTIN		Pack	Pack Desc.	
191727	214502	90070247191727		2	2/9# AVG	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
19.95lb		18lb	USA		No	
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.13in	12in	5.5in	0.69ft3	8x8	100DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	4.5g	Sodium	850mg
Protein	15	Trans Fats	0g	Calcium	4.47mg
Total Carbohydrates...	3g	Saturated Fat	1.5g	Iron	0.68mg
Sugars	2g	Added Sugars	2g	Potassium	430mg
Dietary Fiber	0g	Polyunsaturated Fat	0.5g	Zinc	0
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•	0	Vitamin D	14.38mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

