



FARMLAND

# 214543 - Pork Shoulder Picnic Meat Boneless

Great source of protein.



## Nutrition Facts

Servings per Container 19  
Serving size 4OZ

Amount per serving  
**Calories 330**

	% Daily Value*
<b>Total Fat</b> 28g	<b>43%</b>
Saturated Fat 10g	<b>50%</b>
Trans Fat 0g	
<b>Cholesterol</b> 85mg	<b>28%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 18g	
Vitamin D	<b>%</b>
Calcium 0mg	<b>0%</b>
Iron 1.56mg	<b>9%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Great source of protein.

### Ingredients

Fresh pork shoulder boneless picnic meat, no other additional ingredients.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store and use per package instructions.

### Serving Suggestions

Serve as desired.

### Prep & Cooking Suggestions

Prepare per package instructions.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
145430	214543	00070247145437	13	1/60#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
64.18lb	60lb	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.56in	15.63in	5.88in	1.25ft3	5x7	7DAYS	28°F / 32°F



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## Nutrition Analysis - By Serving

Calories	330	Total Fat	28g	Sodium	75mg
Protein	18	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	10g	Iron	1.56mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	85mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.2mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

