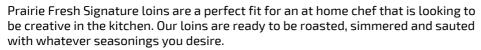


## SEABOARD 214709 - Pork Loin Frenched Rack Cc Fresh To Frzn





		<b>Nutrition Facts</b>			
	Servings per Container 108 Serving size 4oz (112g)				
	Amount per serving Calories	180			
			aily Value*		
		Total Fat 10g	16%		
		Saturated Fat 3.5g	18%		
		<i>Trans</i> Fat 0g			
		Cholesterol 55mg	18%		
<b>★</b> Benefits		Sodium 340mg	15%		
		Total Carbohydrate Og	0%		
Product of the USA. Tender and delicious every time.		Dietary Fiber 0g	0%		
		Total Sugars 0g			
		Includes Added Sugar	%		
Ingredients	Allergens	Protein 20g			
ingreatents					
Basted NTE 16% Added Solution* of Water, Potassium Chloride, Vinegar, Natural Flavor.	Free From:	Vitamin D 0mcg	0%		
	(Sp) crustaceans (W) shellfish (C) mollusks	Calcium Omg	0%		
	🔘 eggs 🔊 fish 🕧 milk 🕥 peanuts	Iron 0mg	0%		
		Potassium	%		
	🚱 sesame 🛞 soy 💮 tree nuts 鱶 wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions

Keep refrigerated. May be frozen.

Serving Suggestions

Slice and serve with side dishes like a fresh green salad or roasted vegetables, like Brussel sprouts and mushrooms or squash and peppers.

## Prep & Cooking Suggestions

If frozen, thaw completely. Remove from package. Place on a roasting pan. Roast in a preheated 350 degree F oven for 20-30 minutes per pound or until internal temperature reaches 155-160 degrees F. Remove from oven and let the loin stand for several minutes before slicing. For grill: Grill until internal temperature reaches 155-155 degrees F. Turn to prevent burning. Remove from grill and let stand for several minutes before slicing. Grill and oven temperatures vary. Adjust cooking time accordingly.

## Product Specifications

18.81in 16.63in

5.88in

1.06ft3

Brand			Manufacturer					
SEABOARD				SEABOARD FOODS				
MFG #	ŧ	SPC #	GTIN		Pa	ick	Pack Desc.	
709		214709	90736490		092	2		2/13#
Gross Weight Net Weight		ht Cou	Country of Origin		Kos	her	Child Nutrition	
27.69lb 26lb		26lb	USA				No	
Shipping Information								
Length	Width	n Height	Volume	TIxHI	Shelf I	_ife	ife Storage Temp From/To	

6x8

365DAYS

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0°F / 32°F



## SEABOARD 214709 - Pork Loin Frenched Rack Cc Fresh To Frzn



Prairie Fresh Signature loins are a perfect fit for an at home chef that is looking to be creative in the kitchen. Our loins are ready to be roasted, simmered and sauted with whatever seasonings you desire.

Nutrition Analysis - By Measure

Calories	180	Total Fat	10g	Sodium	340mg
Protein	20	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	3.5g	Iron	0mg
Sugars	Og	Added Sugars		Potassium	
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



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