



FARMLAND

214916 - Pork Chop\* Cc Raw Bone In

Great source of protein.



# Nutrition Facts

Servings per Container  
Serving size 1 Chop (112g)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 6g	<b>9%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 24g	
Vitamin D 0.56mcg	<b>3%</b>
Calcium 19.04mg	<b>1%</b>
Iron 0.94mg	<b>5%</b>
Potassium 440mg	<b>9%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

Great source of protein.

## Ingredients

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

Store and use per package instructions.

## Serving Suggestions

Serve as desired.

## Prep & Cooking Suggestions

Prepare per package instructions.

## 📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD/FARMLAND	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
14180	214916	00070247141804	1	40/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.9lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.2in	11.4in	3.2in	0.36ft3	9x4	0DAYS	0°F / 32°F



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### Nutrition Analysis - By Serving

Calories	160	Total Fat	6g	Sodium	60mg
Protein	24	Trans Fats	0g	Calcium	19.04mg
Total Carbohydrates...	0g	Saturated Fat	2g	Iron	0.94mg
Sugars	0g	Added Sugars	0g	Potassium	440mg
Dietary Fiber	0g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat	3g	Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)	0.78	Vitamin D	0.56mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.03mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

