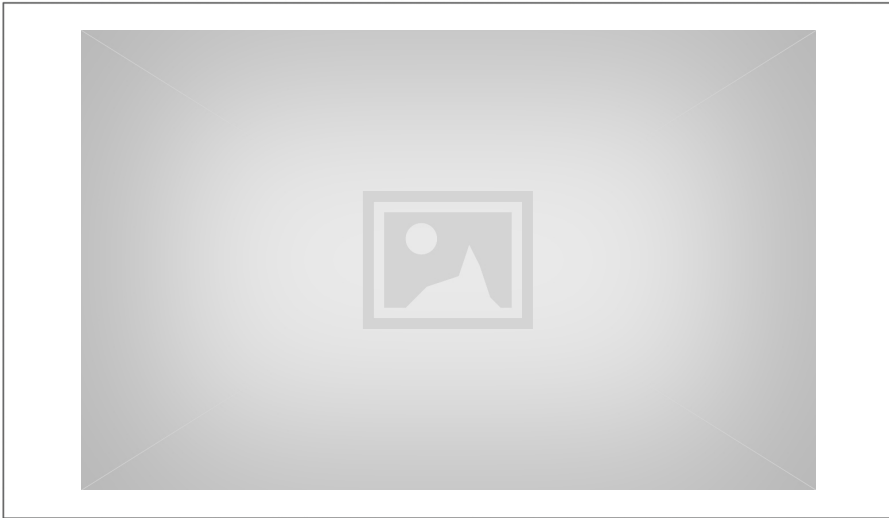




Farmland Foods, Inc.

214969 - Ham Buffet Smoked Bnls

Farmland Silver Medal Hams have 5g of fat or less per 100g, and are USDA-approved Lean. All Silver Medal Hams are completely boneless, giving you a higher yield than bone-in hams



Nutrition Facts

Servings per Container 50
Serving size 3oz. (84g)

Amount per serving
Calories 130

| | % Daily Value* |
|------------------------------|----------------|
| Total Fat 6g | 9% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 50mg | 17% |
| Sodium 950mg | 41% |
| Total Carbohydrate 2g | 1% |
| Dietary Fiber 0g | 0% |
| Total Sugars 2g | |
| Includes 0g Added Sugar | 0% |
| Protein 14g | |
| Vitamin D 0mcg | 0% |
| Calcium | 0% |
| Iron | 4% |
| Potassium 170mg | 4% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Water Added; Hickory Smoked; Fully Cooked; Boneless

Ingredients

Cured With: Water, Salt, Dextrose, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

Make Farmland American Ham part of your breakfast, lunch and dinner menus. Serve thick grilled slices as a breakfast side dish, or cut ham into cubes and make a breakfast egg casserole. For lunch, build a gourmet ham sandwich on artisan bread, or create a hand-held "Ham 'n Salad Wrap" for your customers on the go. Create real eye appeal at your carving station with a glazed ham, or spoon warm maple apple salsa over ham slices, served with a baked sweet potato on the side.

Prep & Cooking Suggestions

Prepare per package instructions.

Product Specifications

| Brand | Manufacturer | Product Category |
|-------|----------------------|------------------|
| | FARMLAND FOODS, INC. | Pork |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 12860 | 214969 | 90070247128600 | 2 | 2/13# AVG |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 28.5lb | 27lb | USA | | |

| Shipping Information | | | | | | |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 15.13in | 13.63in | 7.5in | 0.89ft3 | 8x7 | 100DAYS | 33°F / 39°F |



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Nutrition Analysis

| | | | | | |
|------------------------|-----|---------------------|------|---------------|-------|
| Calories | 130 | Total Fat | 6g | Sodium | 950mg |
| Protein | 14 | Trans Fats | 0g | Calcium | |
| Total Carbohydrates... | 2g | Saturated Fat | 2.5g | Iron | |
| Sugars | 2g | Added Sugars | 0g | Potassium | 170mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | 1g | Zinc | |
| Lactose | | Monounsaturated Fat | 2g | Phosphorus | |
| Sucrose | | Cholesterol | 50mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

