



FARMLAND

215103 - Ham Deli Ham/Water Cooked 4 X6 Fresh



Nutrition Facts

Servings per Container
Serving size **2oz (56g)**

Amount per serving
Calories 60

| | % Daily Value* |
|------------------------------|----------------|
| Total Fat 2g | 3% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 25mg | 8% |
| Sodium 610mg | 27% |
| Total Carbohydrate 2g | 1% |
| Dietary Fiber 0g | 0% |
| Total Sugars 2g | |
| Includes 2g Added Sugar | 4% |
| Protein 8g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron | % |
| Potassium | % |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

📄 Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

| Brand | Manufacturer | Product Category |
|----------|-----------------------|------------------|
| FARMLAND | Smithfield Foods Inc. | Pork |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|----------------|--------|----------------|------|--------------|
| 10070247193800 | 215103 | 10070247193800 | 4 | 4 / 13.0 LBR |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 55lb | 52lb | USA | | No |

| Shipping Information | | | | | | |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 24.88in | 13.06in | 5.13in | 0.96ft3 | 6x4 | 180DAYS | 28°F / 32°F |



Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 60 | Total Fat | 2g | Sodium | 610mg |
| Protein | 8 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 2g | Saturated Fat | 0.5g | Iron | |
| Sugars | 2g | Added Sugars | 2g | Potassium | |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 25mg | | |
| Vitamin A(U) | 0 | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

