



SEABOARD FARMS

215278 - Pork Rib Spare Fresh 4.8# Down

These spareribs are all natural with no additives and are minimally processed. Our spareribs have no pre-seasoning to allow you to season, marinate and rub with your favorite flavors. Prairie Fresh spareribs are wholesome and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

Servings per Container
Serving size 112.00g (4oz)

Amount per serving
Calories 290

	% Daily Value*
Total Fat 25g	38%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron	6%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Product of the USA
All natural
Minimally processed, no artificial ingredients.

Ingredients

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice ribs into individual servings and serve with potato salad.

Prep & Cooking Suggestions

Preheat oven to 350 degrees F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2 to 2 hours until tender. Let rest 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

✎ Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
41132	215278	90736490411325	4	1/33# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
35lb	33lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23in	12in	6in	0.96ft3	6x6	30DAYS	33°F / 39°F



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Nutrition Analysis

Calories	290	Total Fat	25g	Sodium	65mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	9g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

