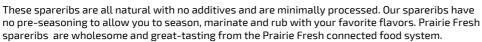


SEABOARD FARMS

215278 - Pork Rib Spare Fresh 4.8# Down





112.00g (4oz)

% Daily Value*

290

38%

45%

17%

3%

0%

%



* Benefits

Product of the USA All natural Minimally processed, no artificial ingredients.

Ingredients	
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A Allergens

Free From:

(P)	crustaceans	
_	_	











Saturated Fat 9g Trans Fat 0g Cholesterol 50mg Sodium 65mg Total Carbohydrate 0g

Nutrition Facts

Servings per Container

Serving size

Total Fat 25g

Amount per serving **Calories**

0% Dietary Fiber 0g Total Sugars 0g

Includes Added Sugar Protein 19g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron	6%
Potaccium	0/0

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.

Cook thoroughly.

Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice ribs into individual servings and serve with potato salad.

Prep & Cooking Suggestions

Preheat oven to 350 degrees F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2 to 2 hours until tender. Let rest 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

Product Specifications

	Bra	and	Manufacturer	Prod	Product Category		
SEABOARD FARMS			SEABOARD FOODS		Pork		
	MFG #	SPC #	GTIN	Pack	Pack Desc.		
	41132 215278		90736490411325	4	1/33# AVG		

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
35lb 33lb		USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
23in	12in	6in	0.96ft3	6x6	30DAYS	33°F / 39°F	





SEABOARD FARMS

215278 - Pork Rib Spare Fresh 4.8# Down



These spareribs are all natural with no additives and are minimally processed. Our spareribs have no pre-seasoning to allow you to season, marinate and rub with your favorite flavors. Prairie Fresh spareribs are wholesome and great-tasting from the Prairie Fresh connected food system.

Nutrition Analysis

Calories	290	Total Fat	25g	Sodium	65mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates···	0g	Saturated Fat	9g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose	Lactose Monounsaturated Sucrose Cholesterol			Phosphorus	
Sucrose			50mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)	A(RE) Vitamin			Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium Sulphite		Sulphites	_	Nitrates	

Additional Images









