



SEABOARD FARMS

215278 - Pork Rib Spare Fresh 4.8# Down

These spareribs are all natural with no additives and are minimally processed. Our spareribs have no pre-seasoning to allow you to season, marinate and rub with your favorite flavors. Prairie Fresh spareribs are wholesome and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

Servings per Container 140  
Serving size 4oz. (112g)

Amount per serving  
Calories 290

	% Daily Value*
Total Fat 25g	38%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Product of the USA  
All natural  
Minimally processed, no artificial ingredients.  
American owned farms

Ingredients

Pork

⚠ Allergens

Free From:

- crustaceans shellfish mollusks  
 eggs fish milk peanuts  
 sesame soy tree nuts wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice ribs into individual servings and serve with potato salad.

Prep & Cooking Suggestions

Preheat oven to 350 degrees F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2 to 2 hours until tender. Let rest 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

📄 Product Specifications

Brand	Manufacturer
SEABOARD FARMS	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
41132	215278	90736490411325	4	1/33# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
34.38lb	32.38lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
23in	12in	6in	0.96ft3	6x5	30DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	290	Total Fat	25g	Sodium	65mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

