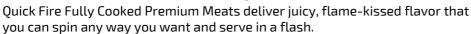
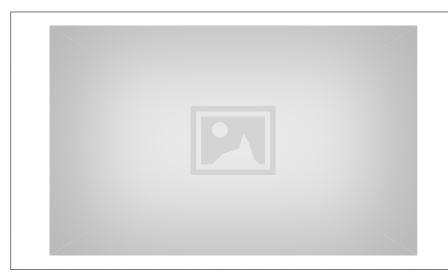


SEABOARD

215317 - Pork Rib St Louis Style Spareribs Fc







* Benefits

Ingredients	Allergens
INGREDIENTS: PORK RIBS, SALT, FLAVORINGS, ROSEMARY EXTRACT.	Free From: Grustaceans Geggs Fish Geggs Fish Geggs Fish Geggs Fish Geggs Fish Fish

Nutrition Facts

Servings per Container 85 Serving size 3oz (3Ounces)

Amount per serving Calories

170

0%

0% %

	% Daily Value*
Total Fat 19g	29%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 770mg	33%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Suga	r %
Protein 22g	_
Vitamin D	%

Handling Suggestions

Keep frozen.

Serving Suggestions

Great alone or customize with your own culinary spin

Prep & Cooking Suggestions

If product is frozen, thaw before heating. Do not overheat. Product is fully cooked.

Preheat oven to 375 degrees F. Remove ribs from package. Place a large sheet of foil in shallow baking pan. Place ribs in center of foil, meat side up. Pour 1/3 cup of water over ribs. Seal foil edges, tightly, leaving a 2" space between the top of ribs and foil. Heat about 20 minutes until headed thoroughly and internal temperature reaches 160 degrees F. Let stand for 2 minutes before serving. Product will be hot.

Product Specifications

Brand	Manufacturer
SEABOARD	SEABOARD FOODS

Calcium 0mg

Iron 0mg

Potassium

MFG #	SPC #	GTIN	Pack	Pack Desc.
99832	215317	90035243998329	8	8/2.4#AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.2lb	19.2lb	USA		No

Shipping Information						
Length Width Height Volume TlxHl Shelf Life Storage Temp From						Storage Temp From/To
19.56in	9.81in	7.25in	0.81ft3	10x7	0DAYS	0°F / 32°F



^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



SEABOARD

215317 - Pork Rib St Louis Style Spareribs Fc



Quick Fire Fully Cooked Premium Meats deliver juicy, flame-kissed flavor that you can spin any way you want and serve in a flash.

Nutrition Analysis

Calories	Calories 170		19g	Sodium	770mg
Protein	22	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	1g	Saturated Fat	7g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose				Phosphorus	
Sucrose	Cholesterol		80mg		
Vitamin A(IU)•	0	O Vitamin D		Thiamin	
Vitamin A(RE)	Vitamin E			Niacin	
Vitamin C	0mg	Folate	Riboflavin		
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additi	onal Images			

