



SIMPLOT

215758 - Vegetable Southwest Style Fiesta Blend

Vegan/vegetarian ;Consistent resultsjust heat and serve ;Serve hot or chill after cooking for cold applications ;A Latin-inspired blend featuring brown rice and black beans for a protein punch ;From pan to plate in less than 10 minutes



* Benefits

Nutrition Facts

8 Servings Per Container

Serving size 1 cup (143g)

Amount per serving
Calories 180

% Daily Value*

Total Fat 3 g 4%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 440 mg 19%

Total Carbohydrate 35 g 13%

Dietary Fiber 3 g 11%

Total Sugars 3 g

Includes 0 g Added Sugar 0%

Protein 5 g

Vitamin D 0 mcg 0%

Calcium 20 mg 2%

Iron 1 mg 6%

Potassium 230 mg 5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cooked Brown Rice, Corn, Tomato, Cooked Black Beans, Green Bell Pepper, Onion, Contains less than 2% of Dehydrated Cilantro, Dehydrated Garlic and Onion, Lime Juice Solids, Maltodextrin, Natural Flavors, Salt, Spices, Sugar, Vegetable Oil (Canola and/or Soybean Oil).

Allergens

Free From:



Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

Great for all dayparts. Serve as a breakfast burrito in the morning, an off-premise taco bowl for lunch, and as the base for shrimp fajitas for dinner. Brings color and texture to any application.

Prep & Cooking Suggestions

Stove Top / Saut
STOVE TOP
Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Saut half bag of frozen product for 7 minutes, covered, stirring frequently.

Product Specifications

Brand	Manufacturer
SIMPLOT	Simplot Global Food, LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
10071179048589	215758	10071179048589	6	6 / 2.5 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17 lb	15 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.38 in	12 in	7.13 in	0.66 ft3	12x9	547 DAYS	-10 °F / 10 °F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	3 g	Sodium	440 mg
Protein	5	Trans Fats	0 g	Calcium	20 mg
Total Carbohydrates...	35 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	3 g	Added Sugars	0 g	Potassium	230 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

