



SEABOARD FARMS

# 215788 - Pork Chop Jalapeno 10 Oz

Seasoned with jalapeno seasoning. Perfect for a quick meal or a more elaborate dinner party. Grill or pan fry and finish in the oven.



## Nutrition Facts

Servings per Container		4ozs
Serving size		4ozs
Amount per serving		
<b>Calories</b>		<b>160</b>
		% Daily Value*
<b>Total Fat</b> 9g		<b>14%</b>
Saturated Fat 3g		<b>15%</b>
Trans Fat 9g		
<b>Cholesterol</b> 65mg		<b>22%</b>
<b>Sodium</b> 910mg		<b>40%</b>
<b>Total Carbohydrate</b> 2g		<b>1%</b>
Dietary Fiber 0g		<b>0%</b>
Total Sugars 0g		
Includes Added Sugar		<b>%</b>
<b>Protein</b> 19g		
Vitamin D		<b>%</b>
Calcium		<b>%</b>
<b>Iron</b>		<b>4%</b>
<b>Potassium</b>		<b>%</b>

### \* Benefits

Product of the USA  
Seasoned with jalapeno seasonings.

### Ingredients

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

### Serving Suggestions

Serve with a fresh green salad.

### Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Use a meat thermometer for best results.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	

MFG #	SPC #	GTIN	Pack	Pack Desc.
99361	215788	10886476993612	16	16/10 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.8lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.3in	10.2in	4.4in	0.42ft3	10x5	365DAYS	0°F / 32°F



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## Nutrition Analysis

Calories	160	Total Fat	9g	Sodium	910mg
Protein	19	Trans Fats	9g	Calcium	
Total Carbohydrates...	2g	Saturated Fat	3g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

