



PILLSBURY

216502 - Pancake Mini Strawberry I/W Wg Cn

Pillsbury(TM) whole grain-rich frozen mini pancakes in individually wrapped ovenable packages. Strawberry flavor baked in for no-mess eating and 16 grams of whole grain per serving. Made without gelatin. For USDA Child Nutrition Programs: meets 2 ounce equivalent grain, whole grain-rich criteria, and is CACFP eligible. Options for Thaw & Serve or Heat & Serve.



Nutrition Facts

Servings per Container 72
Serving size 1package(89g) (94.4g)

Amount per serving
Calories 230

% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	7%
Total Sugars 14g	
Includes 13g Added Sugar	26%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 60mg	5%
Iron 1.5mg	8%
Potassium 220mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Water, Whole Wheat Flour, Enriched Flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Sugar, Canola Oil. Contains less than 2% of: Leavening (potassium bicarbonate, sodium aluminum phosphate, baking soda, monocalcium phosphate), Nonfat Milk, Rice Syrup, Grape Juice, Modified Corn Starch, Whole Grain Yellow Corn Flour, Salt, Modified Potato Starch, Egg White, Dextrose, Fructose, Beet Juice Concentrate and Paprika Extract Added for Color, Natural Flavor, Cellulose Gum, Citric Acid.

Allergens

Contains:
milk soy wheat

Handling Suggestions

KEEP FROZEN

Serving Suggestions

1 pouch

Prep & Cooking Suggestions

Microwave: Place one pouch in microwave and heat on HIGH for 40-50 seconds.
LET STAND one minute before removing from microwave. CAUTION: Pouch and product can be very hot! Use caution when handling and eating.
* DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.

Product Specifications

Brand			Manufacturer			
PILLSBURY			GENERAL MILLS SALES INC.			
MFG #	SPC #	GTIN	Pack	Pack Desc.		
18000-37731	216502	10018000377319	72	72 / 3.17 ONZ		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
18.4lb	14.27lb	USA		No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.62in	11.75in	11in	1.47ft3	8x7	279DAYS	0°F / 10°F



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Nutrition Analysis - By Serving

Calories	230	Total Fat	6g	Sodium	260mg
Protein	4	Trans Fats	0g	Calcium	60mg
Total Carbohydrates...	39g	Saturated Fat	0g	Iron	1.5mg
Sugars	14g	Added Sugars	13g	Potassium	220mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

