



FARMLAND

216985 - Ham Cooked Sliced Water Added

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



Nutrition Facts

Servings per Container 96
Serving size 4slices (56g)

Amount per serving
Calories 70

% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 620mg	27%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 9g	
Vitamin D 8.72mcg	44%
Calcium 2.75mg	0%
Iron 0.41mg	2%
Potassium 410mg	9%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

You'll always impress with Smithfields legendary hams, delicious bologna and tender roast beef. Our huge selection of deli lunchmeats includes healthy, low sodium varieties, and all offer up that same handcrafted excellence you've come to expect.

Ingredients

Cured With: Water, Dextrose, Salt, Contains 2% or Less of Potassium Lactate, Modified Food Starch, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Smoke Flavor.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

Make a giant dagwood sandwich or a pressed panini. This lunchmeat is also great served alone on a deli tray.

Prep & Cooking Suggestions

No preparation required.

📄 Product Specifications

Brand	Manufacturer
FARMLAND	Smithfield Foods Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
10070247129397	216985	10070247129397	4	4 / 1 / 3.25 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.94in	11.13in	4.19in	0.35ft3	12x13	75DAYS	28°F / 32°F



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Nutrition Analysis - By Serving

Calories	70	Total Fat	2g	Sodium	620mg
Protein	9	Trans Fats	0g	Calcium	2.75mg
Total Carbohydrates...	3g	Saturated Fat	0.5g	Iron	0.41mg
Sugars	2g	Added Sugars	2g	Potassium	410mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•	0	Vitamin D	8.72mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

