



J&J SNACK

218860 - Pretzel Pumpkin * Shape Wg S/O

Add excitement to any menu by serving SUPERPRETZEL Soft Pretzel 51% Whole Grain FUN SHAPES! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL with a unique and fun shape. Optional white salt packets included.



* Benefits

Provides various grains/breads for the Child Nutrition Program
Delivers up to 4 g fiber per pretzel, depending on size
Simply heat and serve

Ingredients

Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Barley Malt, Ascorbic Acid, Bicarbonates and Carbonates of Soda.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 100
Serving size 1pretzel(62g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 31g	11%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0.2mcg	1%
Calcium 10mg	1%
Iron 2.1mg	12%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until ready to use

Serving Suggestions

Heat and serve.

Prep & Cooking Suggestions

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes.
Microwave - Lightly mist frozen soft pretzel with water, sprinkle salt, microwave on high for 20-40 seconds. Heating times and temperatures may vary

✏ Product Specifications

Brand	Manufacturer
J&J SNACK	J&J SNACK FOODS FSC

MFG #	SPC #	GTIN	Pack	Pack Desc.
3678	218860	10073321036789	100	100/2.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.5lb	15.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.75in	10.25in	15.5in	1.45ft3	12x2	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	1g	Sodium	170mg
Protein	5	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	31g	Saturated Fat	0g	Iron	2.1mg
Sugars	0g	Added Sugars	0g	Potassium	100mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

