



J&J SNACK

218919 - Bar Banana Chocolate/Chunk Benefit Wg

Give kids all the benefits of great-tasting 51% Whole Grain Readi-Bake BeneFIT Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.



Nutrition Facts

Servings per Container 48
Serving size 1bar (71g)

Amount per serving
Calories 280

% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 220mg	10%
Total Carbohydrate 47g	17%
Dietary Fiber 3g	11%
Total Sugars 23g	
Includes 21g Added Sugar	42%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 1.8mg	10%
Potassium 150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Made with 51% whole grains
Good source of Iron
Contains at least 3 grams of Fiber
Thaw and serve convenience
Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week

Ingredients

WHOLE WHEAT FLOUR, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA), EGGS, WATER, SOYBEAN OIL, INVERT SUGAR, BANANA PUREE (BANANAS, CITRIC ACID, ASCORBIC ACID), CANOLA OIL, MOLASSES, CONTAINS 2% OR LESS OF THE FOLLOWING: NATURAL FLAVOR, WHEY, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), INULIN, SALT, XANTHAN GUM, SPICE. CONTAINS EGG, MILK, SOY, WHEAT.

Allergens

Contains:
eggs milk soy wheat

Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

Serving Suggestions

Thaw and serve.

Prep & Cooking Suggestions

Thaw and serve.

Product Specifications

Brand			Manufacturer			
J&J SNACK			J&J SNACK FOODS FSC			
MFG #	SPC #	GTIN		Pack	Pack Desc.	
40402	218919	10073321404021		48	48/2.5 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
7.88lb		7.5lb	USA	Yes	No	
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
0in	0in	0in	0.49ft3	5x2	0DAYS	0°F / 32°F



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Nutrition Analysis - By Measure

Calories	280	Total Fat	8g	Sodium	220mg
Protein	5	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	47g	Saturated Fat	3g	Iron	1.8mg
Sugars	23g	Added Sugars	21g	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

