

#### **J&J SNACK**

# 218921 - Bar Oatmeal Raisin Benefit I/W Wg S/O

Give kids all the benefits of great-tasting 51% Whole Grain Readi-Bake BeneFIT Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.





### \* Benefits

Made with 51% whole grains Good source of Iron Contains at least 3 grams of Fiber Thaw and serve convenience

Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week

#### Ingredients

WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, RAISINS, OATS, INTERESTERIFIED SOYBEAN OIL, EGGS, CINNAMON CHIPS (SUGAR, COCOA BUTTER, MILK, WHEY, SOY LECITHIN, CINNAMON, NATURAL FLAVOR), INVERT SUGAR, CANOLA OIL, MOLASSÉS, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEY, NATURAL FLAVOR, BAKING SODA, CREAM OF TARTAR, INULIN, XANTHAN GUM, SALT, SPICE.

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#### **Contains:**





#### Free From:





# **Nutrition Facts**

Servings per Container Serving size 1bar (71g)

Amount per serving

Calories **290** 

Calonies	290
% C	Daily Value*
Total Fat 9g	12%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 47g	17%
Dietary Fiber 3g	11%
Total Sugars 21g	
Includes 0g Added Sugar	0%
Protein 4g	
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Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Handling Suggestions**

Keep Frozen (0 F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

### Serving Suggestions

Thaw and serve.

# Prep & Cooking Suggestions

Thaw and serve.

# **Product Specifications**

Brand	Manufacturer
J&J SNACK	J&J SNACK FOODS FSC

MFG #	SPC #	GTIN	Pack	Pack Desc.
40400	218921	10073321404007	48	48/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	7.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.68in	7.31in	9.12in	0.49ft3	20x2	0DAYS	0°F / 32°F





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## Nutrition Analysis - By Serving

Calories	290	Total Fat	9g	Sodium	180mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	47g	Saturated Fat	3g	Iron	0mg
Sugars	21g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites	<u> </u>	Nitrates	

# Additional Images













