

J&J SNACK

218922 - Pretzel Shamrock S/O

Add excitement to any menu by serving SUPERPRETZEL Soft Pretzel 51% Whole Grain FUN SHAPES! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL with a unique and fun shape. Optional white salt packets included.





* Benefits

Provides various grains/breads for the Child Nutrition Program Delivers up to 4 g fiber per pretzel, depending on size Simply heat and serve

Ingredients

Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted berley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Barley Malt, Ascorbic Acid, Bicarbonates and Carbonates of Soda.

A Allergens

Contains:



Free From:







peanuts sesame soy tree nuts

Nutrition Facts

Servings per Container 100 1Pretzel (62g) Serving size

Amount per serving **Calories**

140

% Dai	ly Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 5g	_
Vitamin D 0mcg	0%
Calcium 10.12mg	1%
Iron 1.81 mg	10%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Frozen Until Ready To Use

Serving Suggestions

Heat and serve.

Prep & Cooking Suggestions

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzels with water, and sprinkle with salt if desired. Place salted pretzels in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzels with water, sprinkle with salt if desired, and microwave on high for 20-40 seconds. Heating times and temperatures may vary depending upon the oven used.

Product Specifications

Brand	Manufacturer		
J&J SNACK	J&J SNACK FOODS FSC		

MFG #	SPC#	GTIN	Pack	Pack Desc.
3703	218922	10073321037038	100	100/2.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.5lb	15.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.5in	10in	15in	1.35ft3	1x1	0DAYS	0°F / 32°F





J&J SNACK

218922 - Pretzel Shamrock S/O



Add excitement to any menu by serving SUPERPRETZEL Soft Pretzel 51% Whole Grain FUN SHAPES! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL with a unique and fun shape. Optional white salt packets included.

Nutrition Analysis - By Serving

Calories	140	Total Fat	0.5g	Sodium	150mg
Protein	5	Trans Fats	0g	Calcium	10.12mg
Total Carbohydrates	30g	Saturated Fat	0g	Iron	1.81mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	1.76	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.88mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional	al Images			

