



J&J SNACK

218924 - Bar French Toast Benefit Wg I/W

Give kids all the benefits of great-tasting 51% Whole Grain Read-Bake BeneFIT Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.



Nutrition Facts

Servings per Container 48
Serving size 1BAR (71g)

Amount per serving
Calories 280

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 200mg	9%
Total Carbohydrate 47g	17%
Dietary Fiber 3g	11%
Total Sugars 21g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Made with 51% whole grains
Good source of Iron
Contains at least 3 grams of Fiber
Thaw and serve convenience
Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week

Ingredients

SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, OAT FLOUR, EGGS, SOYBEAN OIL, INVERT SUGAR, MAPLE SYRUP, CANOLA OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEY, NATURAL FLAVOR (WITH CARAMEL COLOR), XANTHAN GUM, SPICE, SALT, INULIN, BAKING SODA, SOY LECITHIN.

Allergens

Contains:

eggs milk soy wheat

Free From:

crustaceans fish peanuts sesame
tree nuts

Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

Serving Suggestions

Thaw and serve.

Prep & Cooking Suggestions

Thaw and serve.

Product Specifications

Brand	Manufacturer
J&J SNACK	J&J SNACK FOODS FSC

MFG #	SPC #	GTIN	Pack	Pack Desc.
40404	218924	10073321404045	48	48/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	7.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.9in	7.2in	9in	0.48ft3	20x3	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	9g	Sodium	200mg
Protein	5	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	47g	Saturated Fat	2.5g	Iron	0mg
Sugars	21g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

