

## J&J SNACK 218930 - **Pretzel Stick Bavarian**





	Nutrition FactsServings per Container72Serving size 1pretzel(2.4oz./68g)		
at Aran		Amount per serving Calories	160
· 33.	10 - 10 - 10 - 10 - 10 - 10 - 10 - 10 -	% Da	aily Value*
		Total Fat Og	0%
		Saturated Fat 0g	0%
	•	Trans Fat 0g	
	•	Cholesterol 0mg	0%
* Benefits		Sodium 390mg	17%
		Total Carbohydrate 32g	12%
		Dietary Fiber 1g	4%
		Total Sugars 0g	
		Includes 0g Added Sugar	0%
Ingredients	Allergens	Protein 6g	
		Vitamin D 0.6mcg	3%
ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING	Contains:	Calcium 10mg	1%
	() wheat	Iron 2.2mg	12%
(PALM OIL, SOYBEAN OIL), YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT,	Free From:	Potassium 60mg	1%
DOUGH CONDITIONER (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES, ASCORBIC ACID, SOYBEAN OIL), CANOLA OIL, BICARBONATES AND CARBONATES OF SODA. SALT PACKET: SALT. CONTAINS WHEAT.	() crustaceans () eggs () fish () milk () peanuts () soy () tree nuts	* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.	

#### Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

Serving Suggestions

Bake and serve.

# Prep & Cooking Suggestions

Oven 1) Preheat oven to 375-400F.\* 2) Lightly mist frozen soft pretzel bun with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 3) Place salted soft pretzel in the oven and cook for 3-5 minutes.\* \_X000D\_ Microwave 1) Lightly mist frozen soft pretzel with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 2) Place salted soft pretzel on a microwaveable safe tray. 3) Microwave on HIGH for 75-105 seconds.\* \_x000D\_ \* Heating times and temperatures may vary.

# Product Specifications

15.9in

9.6in

11.6in

Brand			Manufacturer				
J&J SNACK			J&J SNACK FOODS FSC				
MFG #	¥	SPC #		GTIN		Pack	Pack Desc.
3295		218930	100	073321032958		1	72/2.4 OZ
Gross Weight Net Weigł		ght Co	nt Country of Origin		Kosher	Child Nutrition	
12lb 11lb			USA			No	
Shipping Information							
Length	Width	Height	Volume	e TIxHI Shelf Life Storage Temp From/To			

13x3

**0DAYS** 

1.03ft3



0°F / 32°F





# Nutrition Analysis - By Serving

Calories	160	Total Fat	Og	Sodium	390mg
Protein	6	Trans Fats	Og	Calcium	10mg
Total Carbohydrates…	32g	Saturated Fat	Og	Iron	2.2mg
Sugars	Og	Added Sugars	Og	Potassium	60mg
Dietary Fiber	1g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

## Additional Images



