



J&J SNACK

218950 - Pretzel * Snowman S/O

Add excitement to any menu by serving SUPERPRETZEL Soft Pretzel 51% Whole Grain FUN SHAPES! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL with a unique and fun shape. Optional white salt packets included.



* Benefits

Provides various grains/breads for the Child Nutrition Program
Delivers up to 4 g fiber per pretzel, depending on size
Simply heat and serve

Nutrition Facts

100 Servings Per Container

Serving size **1 pretzel (62g)**

Amount per serving
Calories 150

% Daily Value*

Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 170 mg	7%
Total Carbohydrate 31 g	11%
Dietary Fiber 3 g	11%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 5 g	
Vitamin D 0.2 mcg	1%
Calcium 10 mg	1%
Iron 2.1 mg	12%
Potassium 100 mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP, WHEAT GLUTEN, YEAST, DIASTATIC BARLEY MALT POWDER (MALTED BARLEY FLOUR, WHEAT FLOUR, DEXTROSE), DOUGH CONDITIONER (WHEAT FLOUR, SALT, SOYBEAN OIL, L-CYSTEINE, ASCORBIC ACID, ENZYMES), ASCORBIC ACID, BICARBONATES AND CARBONATES OF SODA.

Allergens

Contains:



Free From:



Handling Suggestions

Keep Frozen Until Ready To Use

Serving Suggestions

Heat and serve.

Prep & Cooking Suggestions

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water and sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzel with water, sprinkle with salt if desired, and microwave on high for 20-40 seconds. Heating times and temperatures may vary depending on the oven.

Product Specifications

Brand	Manufacturer
J&J SNACK	J&J SNACK FOODS FSC

MFG #	SPC #	GTIN	Pack	Pack Desc.
3679	218950	10073321036796	100	100/2.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.5 lb	15.5 lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
0 in	0 in	0 in	1.5 ft3	8x1	0 DAYS	0 °F / 32 °F



J&J SNACK

218950 - Pretzel * Snowman S/O

Add excitement to any menu by serving SUPERPRETZEL Soft Pretzel 51% Whole Grain FUN SHAPES! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL with a unique and fun shape. Optional white salt packets included.



Nutrition Analysis - By Serving

Calories	150	Total Fat	1 g	Sodium	170 mg
Protein	5	Trans Fats	0 g	Calcium	10 mg
Total Carbohydrates...	31 g	Saturated Fat	0 g	Iron	2.1 mg
Sugars	0 g	Added Sugars	0 g	Potassium	100 mg
Dietary Fiber	3 g	Polyunsaturated Fat	0 g	Zinc	0
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)	0	Vitamin D	0.2 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate	0 mg	Riboflavin	0 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Water, Yeast, Corn Syrup, Wheat Gluten, Ascorbic Acid, Bicarbonates and Carbonates of Soda.

