



J&J SNACK

219001 - Bun Pretzel Medium Sliced S/O

Bavarian Bakery gourmet soft pretzels will add a twist to your day with their unique style. Our products are hand crafted and come in a variety of delicious shapes and sizes, using custom techniques and premium ingredients. Bavarian Bakery products are thaw-and-serve, making preparation easy. Cut by hand and baked from scratch, our soft pretzel products make food look great



* Benefits

All Bavarian Bakery products are fully baked and taste great
Various dough formulations appealing to different usage
Thaw & serve or heat & serve

Nutrition Facts

108 Servings Per Container

Serving size **1 roll (77g)**

Amount per serving
Calories 220

% Daily Value*

Total Fat 3 g	4%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 360 mg	16%
Total Carbohydrate 40 g	15%
Dietary Fiber 1 g	4%
Total Sugars 5 g	
Includes 5 g Added Sugar	10%
Protein 6 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 2.5 mg	14%
Potassium 90 mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BROWN SUGAR, PALM OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SALT, DISTILLED VINEGAR, MALTED BARLEY POWDER (MALTED BARLEY, WHEAT FLOUR, DEXTROSE), BICARBONATES AND CARBONATES OF SODA. CONTAINS WHEAT.

⚠ Allergens

Contains:



wheat

Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

Serving Suggestions

Bake and serve.

Prep & Cooking Suggestions

Oven 1) Preheat oven to 375-400F.* 2) Lightly mist frozen soft pretzel bun with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 3) Place salted soft pretzel in the oven and cook for 3-5 minutes.* _x000D_ Microwave 1) Lightly mist frozen soft pretzel with water, then sprinkle with salt or press face down in a bed of salt, sesame seeds, onion, etc. 2) Place salted soft pretzel on a microwaveable safe tray. 3) Microwave on HIGH for 75-105 seconds.* _x000D_ * Heating times and temperatures may vary.

📄 Product Specifications

Brand	Manufacturer
J&J SNACK	J&J Snack Foods Corp.

MFG #	SPC #	GTIN	Pack	Pack Desc.
7050	219001	10053493070507	108	108 / 2.7 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20.23 lb	18.23 lb	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.81 in	13.19 in	13.5 in	2.04 ft3	7x6	365 DAYS	-10 °F / 15 °F



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Nutrition Analysis - By Measure

Calories	220	Total Fat	3 g	Sodium	360 mg
Protein	6	Trans Fats	0 g	Calcium	20 mg
Total Carbohydrates...	40 g	Saturated Fat	1.5 g	Iron	2.5 mg
Sugars	5 g	Added Sugars	5 g	Potassium	90 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



INGREDIENTS: ENRICHED (BLEACHED AND UNBLEACHED) WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BROWN SUGAR, PALM OIL, YEAST, SALT, WHITE WHEAT, MALTED BARLEY FLOUR (WHEAT FLOUR, SEITZESS, MALTED BARLEY), DICARBOXYMATES AND CARBOHYDRATES (P-300A)