



SEABOARD FARMS

# 219169 - Pork Belly Skin On Fresh S/O

Our pork bellies are rich with flavor and will leave your mouth watering. This product has excellent texture and is very versatile to allow you to use the product in many ways.



## Nutrition Facts

Servings per Container **88**  
Serving size **4oz (112g)**

Amount per serving  
**Calories 580**

	% Daily Value*
<b>Total Fat</b> 59g	<b>91%</b>
Saturated Fat 22g	<b>110%</b>
Trans Fat 0g	
<b>Cholesterol</b> 80mg	<b>27%</b>
<b>Sodium</b> 35mg	<b>2%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Skin on  
Product of the USA.  
Succulent and richly flavorful.

### Ingredients

Pork

### Allergens

#### Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

### Serving Suggestions

Slice or dice and serve with Brussels sprouts, broccoli or other vegetables

### Prep & Cooking Suggestions

Preheat oven to 425 F. Score the pork belly skin in a crosshatch pattern. Season meat with salt, pepper, or other seasonings to add flavor. Place pork belly on a rack in a baking dish. Roast 2.5-3 hours. When done, skin should be bubbled and crispy.

### Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	

MFG #	SPC #	GTIN	Pack	Pack Desc.
51127	219169	90736490511278	2	2/8.75#AV

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
18.56lb	17.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.1in	10.8in	6.9in	0.74ft3	6x5	180DAYS	33°F / 39°F



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## Nutrition Analysis - By Measure

Calories	580	Total Fat	59g	Sodium	35mg
Protein	10	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	22g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	80mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

