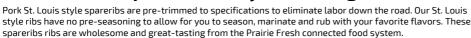


SEABOARD FARMS

219186 - Pork Sparerib Stl Style 3 Dn Hog Tide







* Benefits

Great for grilling or smoking USDA approved. 0 grams of trans fat per serving. Product of the USA.

Ingredients	Allergens
Pork	Free From: crustaceans shellfish mollusks eggs fish milk peanuts sessame soy tree nuts wheat

Nutrition Facts

Servings per Container 184 4oz/112gram Serving size

Amount per serving alorios

Calories	280
% Da	aily Value*
Total Fat 22g	34%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.

Cook thoroughly.

Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice and serve with dry rub seasons.

Prep & Cooking Suggestions

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.



Product Specifications

Brand	Manufacturer
SEABOARD FARMS	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
4276	219186	90736490042765	16	16/3.0#AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
49.9lb	48lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.75in	12.88in	8.44in	1.49ft3	6x3	365DAYS	0°F / 32°F





SEABOARD FARMS

219186 - Pork Sparerib Stl Style 3 Dn Hog Tide



Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.

Nutrition Analysis - By Serving

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images





