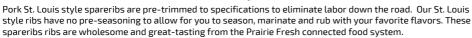


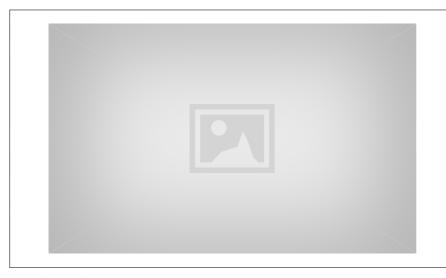
SEABOARD

219199 - Pork Rib St Louis Style 3.00 Dn Fzn





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* Benefits

Great for grilling or smoking USDA approved. 0 grams of trans fat per serving. Product of the USA.

Ingredients	Allergens
Pork	Free From: Crustaceans eggs fish milk peanuts sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 4.00OZ Serving size

Amount per serving

Calories	200
	% Daily Value*
Total Fat 22g	34%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated. May be frozen.

Serving Suggestions

Slice and serve with side dishes.

Prep & Cooking Suggestions

Ready to cook. Roast or grill until tender. Let rest 10 minutes. Slice and serve.



Product Specifications

Brand	Manufacturer
SEABOARD	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
4330	219199	90736490043304	3	3/4 PC

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
36.47lb	34.47lb	USA		

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.75in	12.88in	8.44in	1.49ft3	6x7	0DAYS	0°F / 32°F





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Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.

Nutrition Analysis

Calories	200	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

