



SEABOARD FARMS

219200 - Pork Rib Back 2.25 2.5 Indiv Poly

Backribs come from the blade and center section of the pork loin. Backribs can also be referred to as "baby" backribs because they are smaller than spareribs. Prairie Fresh backribs are trimmed to exacting specifications and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

116 Servings Per Container

Serving size **4 oz/112 gram**

Amount per serving
Calories 300

% Daily Value*

Total Fat 25 g	38%
Saturated Fat 9 g	45%
Trans Fat 0 g	
Cholesterol 75 mg	25%
Sodium 70 mg	3%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0 mg	0%
Potassium 273 mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Product of the USA.
Great for grilling or smoking.
0 grams of trans fat per serving.
USDA approved.

Ingredients

Pork

Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice ribs into individual servings and serve with potato salad.

Prep & Cooking Suggestions

Place ribs in shallow pan. Cover with foil and bake at 300F for 2-2 1/2 hours or until tender. Finish on grill, turning and basting ribs with your favorite barbecue sauce for about 12 minutes. Ovens vary. Adjust cooking time accordingly.

Product Specifications

Brand	Manufacturer
SEABOARD FARMS	Seaboard Foods LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
89032	219200	90736490890328	12	12 / 1 / 2.65 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
33.98 lb	31.8 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.75 in	12.88 in	8.44 in	1.49 ft3	6x7	540 DAYS	-20 °F / 0 °F



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Nutrition Analysis - By Serving

Calories	300	Total Fat	25 g	Sodium	70 mg
Protein	19	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	0 g	Saturated Fat	9 g	Iron	0 mg
Sugars	0 g	Added Sugars	0 g	Potassium	273 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75 mg		
Vitamin A(U)	0	Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

