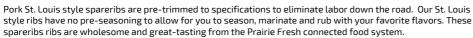
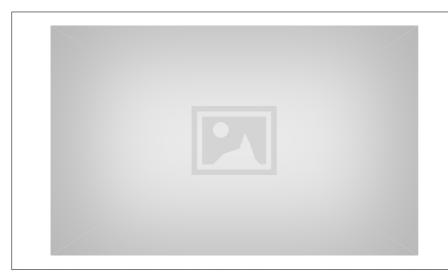


SEABOARD FARMS

219287 - Pork Rib St Louis 3.5 Dwn Frsh







* Benefits

Great for grilling or smoking USDA approved.
0 grams of trans fat per serving. Product of the USA.

Ingredients	▲ Allergens
Pork	Free From: Continue Continue

Nutrition Facts

Servings per Container 156 Serving size 4.000Z (40z)

Amount per serving Calories

280

<u>Jaiorica</u>	200
	% Daily Value*
Total Fat 22g	34%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
Vitamin D Omeg	006
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated. May be frozen.

Serving Suggestions

Slice and serve with dry rub seasons.

Prep & Cooking Suggestions

Thaw ribs completely before cooking. Roast, grill or smoke until tender and internal temperature reaching 145 F. Let ribs rest at least 10 minutes.



Product Specifications

Brand	Manufacturer
SEABOARD FARMS	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
4326	219287	90736490043267	4	4/3 PC

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
39lb	37lb	USA		

Shipping Information							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	15in	10in	7in	0.61ft3	7x5	28DAYS	33°F / 39°F





SEABOARD FARMS

219287 - Pork Rib St Louis 3.5 Dwn Frsh



Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.

Nutrition Analysis

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

