



SMITHFIELD

219305 - Ham Smoked Bone In Water Added

Smithfield? Whole Hardwood Smoked Ham is expertly handcrafted and perfectly cooked to bring gourmet flavor to your table. This mouthwatering whole smoked ham is fully cooked and features old fashioned smokehouse flavor in every bite. A perfect centerpiece for a holiday meal or family dinner, this bone in ham is delicious served heated with your favorite glaze or cold on sandwiches or salads.



Nutrition Facts

100 Servings Per Container

Serving size **3oz (84g)**

Amount per serving
Calories 140

% Daily Value*

Total Fat 10 g	15%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 950 mg	41%
Total Carbohydrate 3 g	1%
Dietary Fiber 0 g	0%
Total Sugars 2 g	
Includes 2 g Added Sugar	4%
Protein 13 g	
Vitamin D 11.41 mcg	57%
Calcium 4.28 mg	0%
Iron 0.5 mg	3%
Potassium 370 mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. Expertly handcrafted and perfectly cooked carving ham is great for any meal. Smithfield? ham bone in is a product of the USA. Fully cooked dinner ham is ready to serve warm or cold. Hardwood smoked whole ham with bone features savory flavor. Serve Smithfield? whole smoked ham at your family dinner or holiday celebration. Packaged to maintain long term freshness.

Ingredients

Cured With: Water, Corn Syrup, Dextrose, Contains 2% or less of Salt, Potassium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

For breakfast, lunch, or dinner, savory ham slices and steaks are a quick and hearty meal.

Prep & Cooking Suggestions

Heat convection oven to 250°F. Place in roasting pan; cover with foil. Heat for approximately 10 to 15 minutes per pound.

📄 Product Specifications

Brand	Manufacturer
SMITHFIELD	SMITHFIELD/FARMLAND

MFG #	SPC #	GTIN	Pack	Pack Desc.
03497	219305	90070800034973	1	3/20# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
62.94 lb	60 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.72 in	15.94 in	9.38 in	2.05 ft3	5x7	0 DAYS	0 °F / 32 °F



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Nutrition Analysis - By Serving

Calories	140	Total Fat	10 g	Sodium	950 mg
Protein	13	Trans Fats	0 g	Calcium	4.28 mg
Total Carbohydrates...	3 g	Saturated Fat	3.5 g	Iron	0.5 mg
Sugars	2 g	Added Sugars	2 g	Potassium	370 mg
Dietary Fiber	0 g	Polyunsaturated Fat	1 g	Zinc	
Lactose		Monounsaturated Fat	3.5 g	Phosphorus	
Sucrose		Cholesterol	45 mg		
Vitamin A(IU)	1.52	Vitamin D	11.41 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

