



SEABOARD

219369 - Pork Rib Back 2.25 Dn Frzn

Backribs come from the blade and center section of the pork loin. Backribs can also be referred to as "baby" backribs because they are smaller than spareribs. Prairie Fresh backribs are trimmed to exacting specifications and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

Servings per Container 114
Serving size 4.00ozs (4oz)

Amount per serving
Calories 230

	% Daily Value*
Total Fat 25g	38%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Product of the USA.
Great for grilling or smoking.
Gluten free.
USDA approved.
0 grams of trans fat per serving.

Ingredients

Pork

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated.

Serving Suggestions

Slice and serve.

Prep & Cooking Suggestions

Cook until tender. Let rest 3-5 minutes.

📄 Product Specifications

Brand	Manufacturer	Product Category
SEABOARD	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
89252	219369	90736490892520	3	14/2.2#AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
32.8lb	30.8lb	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
0in	0in	0in	1.2ft3	6x7	180DAYS	0°F / 32°F

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Nutrition Analysis

Calories	230	Total Fat	25g	Sodium	70mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

 Additional Images
