



FARMLAND

219407 - Ham Spiral Hickory Smoked Sliced F2 F



Nutrition Facts

Servings per Container
Serving size **84gs (3oz)**

Amount per serving
Calories 130

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 830mg	36%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes Added Sugar	%
Protein 13g	
Vitamin D	%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

📄 Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD/FARMLAND	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
19548	219407	90070247195480	1	1/8# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	8lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
9.38in	7.44in	9.56in	0.39INQ	6x8	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	130	Total Fat	5g	Sodium	830mg
Protein	13	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	7g	Saturated Fat	3.5g	Iron	0mg
Sugars	3g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

