



COOK

219416 - Ham Spiral Hickory Smkd Sliced Fresh S/O

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



\* Benefits

From spiral and smoked to whole hams, ham steaks, and corned beef products, we offer a wide variety of fully cooked meats just waiting to be enjoyed.

Ingredients

CURED WITH: WATER, HONEY, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, POTASSIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 53  
Serving size 3oz (84g)

Amount per serving  
Calories 140

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 910mg	40%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugar	8%
Protein 14g	
Vitamin D 0.4mcg	2%
Calcium 10mg	1%
Iron 0.7mg	4%
Potassium 730mg	16%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store and use per package instruction.

Serving Suggestions

Serve with pineapple on pizza or with eggs and bacon for breakfast. A great products for all meals!

Prep & Cooking Suggestions

Heat convection oven to 250F. Place in roasting pan; cover with foil. Heat for approximately 10 to 15 minutes per pound.

📄 Product Specifications

Brand	Manufacturer
COOK	SMITHFIELD/FARMLAND

MFG #	SPC #	GTIN	Pack	Pack Desc.
82545	219416	90044200825455	4	4/11# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
45.96lb	44lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.5in	15.25in	8.25in	1.42ft3	6x7	90DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	140	Total Fat	7g	Sodium	910mg
Protein	14	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	5g	Saturated Fat	2.5g	Iron	0.7mg
Sugars	4g	Added Sugars	4g	Potassium	730mg
Dietary Fiber	0g	Polyunsaturated Fat	0.5g	Zinc	0
Lactose		Monounsaturated Fat	3g	Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•	0	Vitamin D	0.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

