



SEABOARD

# 219456 - Pork Rib Spare Stl Wide 3.25# Up Fzn

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



## Nutrition Facts

Servings per Container 173  
Serving size 4.00OZ (4oz)

Amount per serving  
**Calories 280**

	% Daily Value*
<b>Total Fat</b> 22g	<b>34%</b>
Saturated Fat 9g	<b>45%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 50mg	<b>2%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 19g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Great for grilling or smoking  
USDA approved.  
0 grams of trans fat per serving.  
Product of the USA.

### Ingredients

Pork

### ⚠ Allergens

#### Free From:

- crustaceans
- shellfish
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated. May be frozen.

### Serving Suggestions

Slice and serve with side dishes.

### Prep & Cooking Suggestions

Ready to cook. Roast or grill until tender. Let rest 10 minutes. Slice and serve.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
SEABOARD	SEABOARD FOODS	Pork, Boxed

MFG #	SPC #	GTIN	Pack	Pack Desc.
4264/4254	219456	90736490042543	3	3/4#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
33.26lb	31.36lb	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
8.06in	12in	23in	1.29ft3	6x3	365DAYS	0°F / 32°F



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Nutrition Analysis

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

 Additional Images

