



FARMLAND

219475 - Pork\*Steamship Leg 0 Pork S/O



# Nutrition Facts

Servings per Container 70  
Serving size 4OUNCES (112g)

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 17g	<b>%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 150g	<b>55%</b>
Dietary Fiber	<b>%</b>
Total Sugars 1g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 18g	
Vitamin D	<b>%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

GREAT SOURCE OF PROTEIN

## Ingredients

Tenderness and Juiciness improved with up to 12% Deep Basted™ solution of water, potassium lactate, dextrose, sodium phosphates and salt.

## Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

KEEP FROZEN

## Serving Suggestions

Serve as desired.

## Prep & Cooking Suggestions

Prepare per package instructions.

## Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Ham, Smoked or Cured (Carving)

MFG #	SPC #	GTIN	Pack	Pack Desc.
16549	219475	90070247165490	1	1/20# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20LB	18LB	US		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15in	13.5in	6in	0.7Cl	6x5	0days	33°F / 39°F



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### Nutrition Analysis

Calories	230	Total Fat	17g	Sodium	220mg
Protein	18	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	150g	Saturated Fat	6g	Iron	0mg
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

