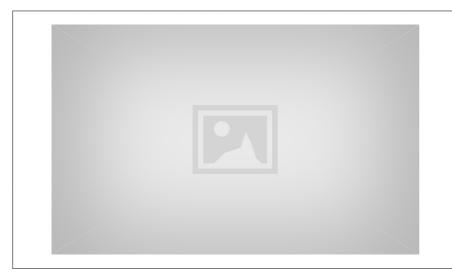


### **SEABOARD**

## 219562 - Chicken Thighs Seasoned Fc

Quick Fire Fully Cooked Premium Meats deliver juicy, flame-kissed flavor that you can spin any way you want and serve in a flash.





### Benefits

### Ingredients

INGREDIENTS: CHICKEN, WATER, VEGETABLE OIL (SOYBEAN OIL), DEXTROSE, SALT, SUGAR, SODIUM BICARBONATE., CONTAINS LESS THAT 2% OF THE FOLLOWING: DEHYDRATED GARLIC, DEHYDRATED ONION, SOY SAUCE POWDER (WHEAT, SOYBEANS, SALT, MALTODEXTRIN), LEMON JUICE POWDER (MALTODEXTRIN, LEMON JUICE SOLIDS), CORN STARCH, CITRIC ACID, NATURAL FLAVOR, DEHYDRATED LEMON PEEL, SPICE CONTAINS: WHEAT, SOY

A Allergens

### **Contains:**



### Free From:



## (S) peanuts (G) tree nuts

# **Nutrition Facts**

Servings per Container 53 3ozs (3Ounces) Serving size

## Amount per serving **Calories**

290

0%

%

| _                             | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 32g                 | 49%            |
| Saturated Fat 5g              | 25%            |
| Trans Fat 0g                  |                |
| Cholesterol 95mg              | 32%            |
| Sodium 410mg                  | 18%            |
| <b>Total Carbohydrate </b> 2g | 1%             |
| Dietary Fiber 0g              | 0%             |
| Total Sugars 1g               |                |
| Includes Added Sugar          | - %            |
| Protein 17g                   |                |
|                               |                |
| Vitamin D                     | %              |
| Calcium 0mg                   | 0%             |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Handling Suggestions

Keep frozen.

## Serving Suggestions

Great alone or customize with your own culinary spin

## Prep & Cooking Suggestions

CONVECTION OVEN: Preheat oven to 300F with fan on low. Empty Contents of 5-lb. package into pan. Cover with foil. Heat for 40-45 minutes or until internal temperature reaches 140F.

BOIL IN BAG: Place thawed 5-lb. package of pork in boiling water. Ensure bag is fully covered in water. Boil 20-25 minutes or until internal temperature reaches 140F.

COMBI/ALTO-SHAAM: Preheat oven to 190F. Place 5-lb. package of pork in oven. Heat bag for 45-55 minutes or until internal temperature reaches 140F.

## **Product Specifications**

| SEABOARD SEABOARD FOODS | Brand    | Manufacturer   | Product Category |
|-------------------------|----------|----------------|------------------|
| 52.1567.11.15           | SEABOARD | SEABOARD FOODS |                  |

Iron 0mg

Potassium

| MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 99562 | 219562 | 10706073995621 | 2    | 2/5#       |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.3lb       | 10lb       | USA               |        | No              |

| Shipping Information |         |        |         |       |            |                      |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length               | Width   | Height | Volume  | TIxHI | Shelf Life | Storage Temp From/To |
| 16.67in              | 10.94in | 3.43in | 0.36ft3 | 12x6  | 0DAYS      | 0°F / 32°F           |





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**Nutrition Analysis** 

| Calories               | 290 | Total Fat           | 32g  | Sodium         | 410mg |
|------------------------|-----|---------------------|------|----------------|-------|
| Protein                | 17  | Trans Fats          | 0g   | Calcium        | 0mg   |
| Total Carbohydrates••• | 2g  | Saturated Fat       | 5g   | Iron           | 0mg   |
| Sugars                 | 1g  | Added Sugars        |      | Potassium      |       |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc           |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus     |       |
| Sucrose                |     | Cholesterol         | 95mg |                |       |
| Vitamin A(IU)•         | 0   | Vitamin D           |      | Thiamin        |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin         |       |
| Vitamin C              | 0mg | Folate              |      | Riboflavin     |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-1 2• |       |
| Monosodium             |     | Sulphites           |      | Nitrates       |       |

| Additional Images |  |  |
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