



SEABOARD FARMS

219695 - Pork Sparerib St Louis Style 3.25#Dn

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. These spareribs are all natural with no additives and are minimally processed. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

136 Servings Per Container

Serving size **4 oz/112 gram**

Amount per serving
Calories 280

% Daily Value*

Total Fat 22 g **34%**

Saturated Fat 9 g **45%**

Trans Fat 0 g

Cholesterol 65 mg **22%**

Sodium 50 mg **2%**

Total Carbohydrate 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugar **%**

Protein 19 g

Vitamin D **0%**

Calcium **0%**

Iron **6%**

Potassium 273 mg **6%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Product of the USA
All Natural
Minimally processed

Ingredients

Pork

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice and serve with dry rub seasons.

Prep & Cooking Suggestions

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

📄 Product Specifications

Brand	Manufacturer
SEABOARD FARMS	Seaboard Foods LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
43122	219695	90736490431224	6	6 / 1 / 3.25 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
41.2 lb	34.9 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.75 in	12.88 in	8.44 in	1.49 ft3	6x7	21 DAYS	28 °F / 34 °F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	22 g	Sodium	50 mg
Protein	19	Trans Fats	0 g	Calcium	
Total Carbohydrates...	0 g	Saturated Fat	9 g	Iron	
Sugars	0 g	Added Sugars		Potassium	273 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65 mg		
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	0.28 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

