



SEABOARD FARMS

219695 - Pork Sparerib St Louis Style 3.25#Dn

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. These spareribs are all natural with no additives and are minimally processed. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



Nutrition Facts

Servings per Container 136
Serving size 4oz/112gram

Amount per serving
Calories 280

% Daily Value*	
Total Fat 22g	34%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 273mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Product of the USA
All Natural
Minimally processed

Ingredients

Pork

⚠ Allergens

Free From:



Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Slice and serve with dry rub seasons.

Prep & Cooking Suggestions

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

📄 Product Specifications

Brand	Manufacturer
SEABOARD FARMS	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
43122	219695	90736490431224	6	12/3.25#AV

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
40.8lb	39lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.75in	12.88in	8.44in	1.49ft3	6x4	21DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	273mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0.28mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

