



SEABOARD FARMS

219696 - Pork Picnic Cushion Raw F2 F Dnr

From beginning to end, our pork shoulder picnics are controlled at every step. Our connected food system allows us to control key processes and deliver fresh, high-quality pork every time.



Nutrition Facts

240 Servings Per Container

Serving size 4 oz/112 gram

Amount per serving

Calories **200**

% Daily Value*

Total Fat 22 g	34%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 100 mg	4%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugar	%
Protein 23 g	
Vitamin D	0%
Calcium	0%
Iron	4%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Perfect for your favorite spice or marinade.
Excellent source of protein.
USDA approved.
Product of the USA.

Ingredients

Pork

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Asian Pork Stir-fry Bake.

Prep & Cooking Suggestions

Preheat oven to 275 F. Season roast to taste and place lean side down in shallow pan. Cook uncovered for 55-85 minutes per pound until tender and reaches an internal temperature of at least 185 F. Remove roast from oven and let rest 10-15 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

📄 Product Specifications

Brand	Manufacturer
SEABOARD FARMS	Seaboard Foods LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
28033	219696	90736490280334	6	6 / 1 / 5.0 H87

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
61.9 lb	60 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.69 in	12.75 in	11.31 in	1.98 ft3	6x5	28 DAYS	28 °F / 34 °F



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Nutrition Analysis - By Serving

Calories	200	Total Fat	22 g	Sodium	100 mg
Protein	23	Trans Fats	0 g	Calcium	
Total Carbohydrates...	0 g	Saturated Fat	1.5 g	Iron	
Sugars	0 g	Added Sugars		Potassium	
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	70 mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

