



SEABOARD
219704 - Pork Boneless Picnic Raw
All-natural pork with no additives and minimally processed.



* Benefits

Ingredients

Pork Shoulder Picnic Boneless

⚠ Allergens

Free From:
 crustaceans eggs fish milk
 peanuts soy tree nuts wheat

Nutrition Facts

Servings per Container 240
Serving size 4ozs (40ounces)

Amount per serving
Calories 280

% Daily Value*	
Total Fat 22g	34%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated.

Serving Suggestions

Slice and serve.

Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 145 degrees F. Let rest 10 minutes.

Product Specifications

Brand			Manufacturer			
SEABOARD			SEABOARD FOODS			
MFG #	SPC #	GTIN		Pack	Pack Desc.	
24129	219704	10736490241292		1	1/60# AVG	
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
61.9lb	60lb	USA			No	
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.06in	18.63in	5.25in	1.31ft3	4x7	60DAYS	0°F / 32°F



Nutrition Analysis

Calories	280	Total Fat	22g	Sodium	55mg
Protein	22	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	7g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

