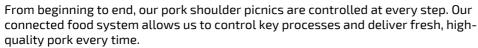
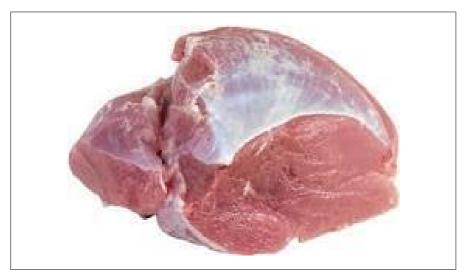


SEABOARD FARMS

219705 - Pork Boneless Picnic Fresh







* Benefits

Perfect for your favorite spice or marinade. Excellent source of protein. USDA approved. Product of the USA.

Ingredients	▲ Allergens
Pork	Free From: Crustaceans shellfish shellfish mollusks eggs fish milk peanuts sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 8000 Serving size 4oz (112g)

Amount per serving Calories

280

	% Daily Value*
Total Fat 22g	34%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars	
Includes Added Sugar	%
Protein 22g	
Nii B Oman	201
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.

Cook thoroughly.
Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Asian Pork Stir-fry Bake.

Prep & Cooking Suggestions

Preheat oven to 275 F. Season roast to taste and place lean side down in shallow pan. Cook uncovered for 55-85 minutes per pound until tender and reaches an internal temperature of at least 185 F. Remove roast from oven and let rest 10-15 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

Product Specifications

Brand	Manufacturer	Product Category	
SEABOARD FARMS	SEABOARD FOODS	Pork	

MFG #	SPC #	GTIN	Pack	Pack Desc.
26010	219705	90736490260107	1	1/2000#AV

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2016lb	2000lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
47.56in	39.56in	41.56in	45.26ft3	1x1	10DAYS	33°F / 39°F





SEABOARD FARMS

219705 - Pork Boneless Picnic Fresh



From beginning to end, our pork shoulder picnics are controlled at every step. Our connected food system allows us to control key processes and deliver fresh, high-quality pork every time.

Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	55mg
Protein	22	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	0g	Saturated Fat	7g	Iron	0mg
Sugars		Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



