

SEABOARD FARMS 219705 - Pork Boneless Picnic Fresh

From beginning to end, our pork shoulder picnics are controlled at every step. Our connected food system allows us to control key processes and deliver fresh, highquality pork every time.



(fr	TTONHUS .	Nutrition Fa	acts		
and the second	a contraction to a series of	Servings per Container 8000 Serving size 4oz (112g)			
All the		Amount per serving Calories	280		
	1 A Baser	% D	aily Value*		
	and the second se	Total Fat 22g	34%		
		Saturated Fat 7g	35%		
		Trans Fat 0g			
		Cholesterol 65mg	22%		
★ Benefits		Sodium 55mg	2%		
	· · ·	Total Carbohydrate 0g	0%		
Perfect for your favorite spice Excellent source of protein.	e or marinade.	Dietary Fiber 0g	0%		
USDA approved.		Total Sugars			
Product of the USA.		Includes Added Sugar	%		
Ingredients	Allergens	Protein 22g			
5		Vitamin D 0mcg	0%		
Pork	Free From:	Calcium 0mg	0%		
	💮 crustaceans 🛞 shellfish 🌘 mollusks	Iron 0mg	0%		
	🔘 eggs 😥 fish 街 milk 🔇 peanuts	Potassium	%		
	🛞 sesame 🕲 soy 🖽 tree nuts 🌘 wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Asian Pork Stir-fry Bake.

Prep & Cooking Suggestions

Preheat oven to 275 F. Season roast to taste and place lean side down in shallow pan. Cook uncovered for 55-85 minutes per pound until tender and reaches an internal temperature of at least 185 F. Remove roast from oven and let rest 10-15 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

Product Specifications

47.56in

39.56in

41.56

Br	Manufacturer				Product Category		
SEABOAI	SEABOARD FOODS				Pork		
MFG #	SPC #		GTIN		Pack		Pack Desc.
26010	219705	90736490260107				1	1/2000#AV
Gross Weight Net Weig		ght	ht Country of Origin			sher	Child Nutrition
2016lb	2000	USA		4			No
Shipping Information							
Length W	'idth Height	Volu	ume Tixi	HI Shelf	Shelf Life Storage Temp From/To		

	Storage remp From/10			volume	ΠĽ	
	33°F / 39°F	10DAYS	1x1	45.26ft3	in	
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y	powered by					





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Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	55mg	
Protein	22	Trans Fats	Og	Calcium	0mg	
Total Carbohydrates…	Og	Saturated Fat	7g	Iron Omg		
Sugars		Added Sugars		Potassium		
Dietary Fiber	Og	Polyunsaturated Fat		Zinc		
Lactose		Monounsaturated Fat		Phosphorus		
Sucrose		Cholesterol	65mg			
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin		
Vitamin A(RE)		Vitamin E		Niacin		
Vitamin C		Folate		Riboflavin		
Magnesium		Vitamin B-6		Vitamin B-1 2•		
Monosodium		Sulphites		Nitrates		

Additional Images



