

#### **SEABOARD FARMS** 219705 - Pork Boneless Picnic Fresh S/O

From beginning to end, our pork shoulder picnics are controlled at every step. Our connected food system allows us to control key processes and deliver fresh, highquality pork every time.



(FE	or shifting	Nutrition FactsServings per Container8000Serving size40z (112g)		
and the second	and the second s			
and the	MARCON .	Amount per serving Calories	280	
	A MARINE	% Daily Value*		
		Total Fat 22g	34%	
	The state of the state	Saturated Fat 7g	35%	
	and the second s	Trans Fat 0g		
		Cholesterol 65mg	22%	
<b>★</b> Benefits		Sodium 55mg	2%	
•		Total Carbohydrate 0g	0%	
Perfect for your favorite spice Excellent source of protein.	or marinade.	Dietary Fiber 0g	0%	
USDA approved.		Total Sugars		
Product of the USA.		Includes Added Sugar	%	
Ingredients	Allergens	Protein 22g		
5		Vitamin D 0mcg	0%	
Pork	Free From:	Calcium 0mg	0%	
	😙 crustaceans 🛞 shellfish 🌘 mollusks	Iron 0mg	0%	
	🔘 eggs 🔊 fish 👔 milk 🔇 peanuts	Potassium	%	
	🛞 sesame 🛞 soy 💮 tree nuts 饡 wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

### Serving Suggestions

Asian Pork Stir-fry Bake.

### Prep & Cooking Suggestions

Preheat oven to 275 F. Season roast to taste and place lean side down in shallow pan. Cook uncovered for 55-85 minutes per pound until tender and reaches an internal temperature of at least 185 F. Remove roast from oven and let rest 10-15 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

## Product Specifications

47.56in

39.56in

41.56in

45.26ft3

Brand			Manufacturer				
SEABOARD FARMS			SEABOARD FOODS				
MFG #	SPC #	GTIN		Pack	Pack Desc.		
26010	219705	219705 9073649		1	1/2000#AV		
Gross Weig	ht Net Weig	Net Weight Country		Kosher	Child Nutrition		
2016lb	2000lb	2000lb			No		
Shipping Information							
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To							

1x1

10DAYS



33°F / 39°F



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Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	55mg
Protein	22	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	7g	Iron	0mg
Sugars		Added Sugars		Potassium	
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images





