



SEABOARD FARMS
219752 - Pork Belly Skins

Belly skin comes from a hog's underside. It can be used for cracklings, chicharrons or pork rinds.



Nutrition Facts

Servings per Container 136
Serving size 100gram

Amount per serving
Calories 621

	% Daily Value*
Total Fat 66g	%
Saturated Fat 24g	120%
Trans Fat 0g	
Cholesterol 78mg	26%
Sodium 378mg	16%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 7g	
Vitamin D 1.8mcg	9%
Calcium 22mg	2%
Iron 0.46mg	3%
Potassium 124mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

USDA inspected
Product of the USA.

Ingredients

Pork Belly Skin

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Great ingredient for charcuterie.

Prep & Cooking Suggestions

Pork belly skin is very tough so you'll need a very sharp knife. Ask your butcher to score it for you.

📝 Product Specifications

Brand	Manufacturer
SEABOARD FARMS	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
07521	219752	10736490075217	1	1/30#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.7lb	30lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.75in	12.88in	8.44in	1.49ft3	6x7	180DAYS	0°F / 32°F



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Nutrition Analysis - By Measure

Calories	621	Total Fat	66g	Sodium	378mg
Protein	7	Trans Fats	0g	Calcium	22mg
Total Carbohydrates...	0g	Saturated Fat	24g	Iron	0.46mg
Sugars	0g	Added Sugars	0g	Potassium	124mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	78mg		
Vitamin A(IU)•	0	Vitamin D	1.8mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

