



FARMLAND

# 219780 - Pork Shank Osso Buco Fc

Great Source of Protein.



## Nutrition Facts

Servings per Container  
Serving size 3ozShankmeat(EdiblePortion) (84g)

Amount per serving  
**Calories 120**

% Daily Value\*

Total Fat	4.5g	7%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	60mg	20%
Sodium	440mg	19%
Total Carbohydrate	1g	0%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes 1g Added Sugar		2%
<b>Protein</b>	<b>19g</b>	
Vitamin D	19.13mcg	96%
Calcium	0mg	0%
Iron	0.36mg	2%
Potassium	350mg	7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Great source of protein.

### Ingredients

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

KEEP FROZEN

### Serving Suggestions

Serve as desired.

### Prep & Cooking Suggestions

Prepare per package instructions.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD/FARMLAND	Pork Parts & Offal

MFG #	SPC #	GTIN	Pack	Pack Desc.
19247	219780	10070247192476	6	12/24 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20.4lb	18lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.2in	10.5in	7.6in	0.61ft3	8x3	0DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	120	Total Fat	4.5g	Sodium	440mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	1g	Saturated Fat	1g	Iron	0.36mg
Sugars	1g	Added Sugars	1g	Potassium	350mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(U)	0	Vitamin D	19.13mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

