



FARMLAND

# 219803 - Pork Rack Of Extra Tender S/O

Great source of protein.



## Nutrition Facts

Servings per Container  
Serving size **4OUNCES (112g)**

Amount per serving  
**Calories 200**

	% Daily Value*
<b>Total Fat</b> 13g	<b>19%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 20g	
Vitamin D	<b>%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Great source of protein.

### Ingredients

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store and use per package instructions.

### Serving Suggestions

Serve as desired.

### Prep & Cooking Suggestions

Prepare per package instructions.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD/FARMLAND	Pork, Boxed

MFG #	SPC #	GTIN	Pack	Pack Desc.
152877	219803	90070247152872	2	2/8# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.3lb	16lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.75in	11.06in	6in	0.64INQ	8x10	0DAYS	0°F / 32°F



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### Nutrition Analysis - By Serving

Calories	200	Total Fat	13g	Sodium	220mg
Protein	20	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	4.5g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

