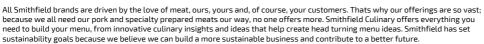


JOHN MORRELL

219994 - Beef Pot Roast*Select Fc S/O





90

130

12%

15%

15%

23%

0%

0%

2%

40%

0%

7%

5%

3oz. (84g)

% Daily Value*

Nutrition Facts

Servings per Container

Serving size

Total Fat 8g

Amount per serving **Calories**

Saturated Fat 3g

Total Carbohydrate 1g

Includes 1g Added Sugar

a day is used for general nutrition advice.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

Total Sugars 1g

Vitamin D 7.94mcg

Potassium 220mg

Calcium 6.3mg

Iron 1.2mg

Trans Fat 0g Cholesterol 45mg

Sodium 520mg

Dietary Fiber 0g

Protein 14g



* Benefits

Our expertly hand-trimmed meats that are seasoned and cooked in an authentic pit smoker over natural hardwoods for a rich and smoky flavor. They are hand-trimmed from the finest animals and smoked low-and-slow over real hardwood chips.

Ingredients

BEEF, WATER, CONTAINS 2% OR LESS OF: SALT, SUGAR, SODIUM PHOSPHATES, NATURAL FLAVORS. COATED WITH: SALT, DEXTROSE, SUGAR HYDROLYZED CORN PROTEIN, GARLIC POWDER, CARAMEL COLOR, ONION POWDER, NATURAL FLAVORS.

Allergens

Free From:







Product Specifications

Store and use per package instructions.

Handling Suggestions

Serving Suggestions

Serve as Classic Pot Roast, in a hoagie or in Stews/Chili.

Prep & Cooking Suggestions

Braising: Heat heavy bottom pan and saut any vegetables desired. Add 1 lb. of 1" x 1 cubed pot roast, add water or broth half way up the meat and bring to a boil. Immediately lower to a simmer and add any aromatics. Cover and simmer for 10-12 minutes on the stove top or in a 350F convection oven.

Brand	Manufacturer		
JOHN MORRELL	SMITHFIELD/FARMLAND		

MFG #	SPC #	GTIN	Pack	Pack Desc.
7100670604	219994	90070100670604	2	2/17# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
35.8lb	34lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
16.5in	11.1in	9.3in	0.99ft3	9x5	75DAYS	33°F / 39°F	





JOHN MORRELL

219994 - Beef Pot Roast*Select Fc S/O



All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. Thats why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.

Nutrition Analysis - By Serving

Calories	130	Total Fat	8g	Sodium	520mg
Protein	14	Trans Fats	0g	Calcium	6.3mg
Total Carbohydrates···	1g	Saturated Fat	3g	Iron	1.2mg
Sugars	1g	Added Sugars	1g	Potassium	220mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	3.5g	Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•	0.02	Vitamin D	7.94mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

Additional Images













