



CARANDO
220492 - Ham Prosciutto Halves Skin Off
 Great source of protein.



Nutrition Facts

Servings per Container
 Serving size **1oz. (28g)**

Amount per serving
Calories 70

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 510mg	22%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes Added Sugar	%
Protein 7g	
Vitamin D	%
Calcium 4.65mg	0%
Iron 0.32mg	2%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Free From:



Handling Suggestions

Store and use per package instruction.

Serving Suggestions

Serve as desired.

Prep & Cooking Suggestions

Prepare per package instructions.

📄 Product Specifications

Brand	Manufacturer	Product Category
CARANDO	SMITHFIELD/FARMLAND	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
7603311707	220492	90076033117070	2	2/4.75#AV

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.9lb	9.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.37in	12.37in	3.75in	0.33ft3	12x3	176DAYS	33°F / 39°F



Nutrition Analysis - By Serving

Calories	70	Total Fat	4g	Sodium	510mg
Protein	7	Trans Fats	0g	Calcium	4.65mg
Total Carbohydrates...	1g	Saturated Fat	1.5g	Iron	0.32mg
Sugars	1g	Added Sugars		Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

