

DOUBLE RED

221091 - **Beef Steak Flat Iron 10 Oz**



A terrific choice for operators looking for a lower cost premium steak that still maintains quality, juiciness, and taste! USDA Choice. Preseasoned for a unique flavor profile and to maintain flavor and juiciness in every bite. Easy to cook - just thaw and put on grill. Performs well under multiple cooking methods flat grill, outdoor grill, or char grill. Extremely versatile, with applications for breakfast, lunch, and supper. Can be used to replace Skirt and Flank Steaks in numerous recipes with less waste. Steaks are cut on automatic portioning equipment for better quality and consistent sizing making pricing and menu planning easy. Made in a SQF Food Safety and Quality Codes Certified facility!



* Benefits

Ingredients	▲ Allergens
Ingredients: Beef, Water, Salt, Dextrose, Sodium Phosphate	Free From: So crustaceans omega mollusks of eggs of fish of milk of peanuts of sesame soy of tree nuts of wheat

Nutrition Facts

Servings per Container 1
Serving size 100g

Amount per serving

Calories	140
	% Daily Value*
Total Fat 7g	10%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 250mg	11%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	· %
Protein 17g	
Vitamin D	%
Calcium	0%
Iron 1.8mg	10%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Product should be stored between 10 and -10 degrees F

Serving Suggestions

Versatile to use for many menu applications for breakfast, lunch, and dinner! Serve: As center of the plate steak dinner with potatoes and a vegetable. With caramelized onions or sauted mushrooms. With Bleu cheese or horseradish sauce. With caramelized onions or sauted mushrooms. With your signature seasoning or any steak seasoning. As a breakfast steak. As a steak sandwich. Sliced for salads. Sliced for fajitas. Sliced for stir fries. Cut into cubes for shish kabobs.

Prep & Cooking Suggestions

Fully thaw product before cooking. Preheat gas grill to high (475 F-525 F) Cook the following steak sizes for the time indicated until the cooked steak reaches 145 F degrees internal temperature, as measured with a meat thermometer. Allow the product to rest for 3 minutes before serving. Cook times may vary, dependent upon equipment. Size (Thickness), Cooking time (first side/After turning): 1/2-4 min./2 min.; 3/4-5 min./3 min.; 1-7 min./6 min.; 1 1/2-9 min./8min.

Product Specifications

Branc	t		Manufacturer	Pro	duct Category	
DOUBLE	RED	BF	RANDING IRON/HOLTEN	Steak, Chucks		
MFG #	SPC	:#	GTIN	Pack	Pack Desc.	

	250.	Pack Desc	Раск	GIIN	SPC #	MFG #
80410 221091 10079821804101 16 16/10	OZ	16/10 OZ	16	10079821804101	221091	80410

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	10lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
17in	11.5in	4in	0.45ft3	10x11	365DAYS	0°F / 32°F	





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Nutrition Analysis - By Serving

Calories	140	Total Fat	7g	Sodium	250mg
Protein	17	Trans Fats	0g	Calcium	
Total Carbohydrates	0g	Saturated Fat	3g	Iron	1.8mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images









